

Between Generations - In School Mentoring



What is In School Mentoring?

Volunteers are matched with an elementary school aged child throughout the school year and meet once a week. They meet at the school, during school hours and participate in fun based activities such as crafts, games, baking, or shooting baskets.

Who are the Children?

The children are boys and girls in grades 1 - 6 who are chosen by school staff who could benefit from 1 -1 attention and support. They may be struggling in school, be new immigrants or are shy or lonely.

Who are the Volunteer Seniors?

The volunteers are male & female adults who identify as "seniors" and have 1 -2 hours during the week to spend with a child in the school. No special skills are required but just the desire to make a difference in the life of a child.

What are the benefits of the program?

Children who have a mentor show increased self-esteem, feel more connected to school and are less likely to be bullied or bully. Volunteers have the opportunity to make an impact in the community, help change the life of a child and to have fun!

How can you get involved?

- Fill in an application form, include 3 references
- Submit a criminal records check
- Meet with staff for a 1 -1 interview
- Participate in a group training session
- Get matched with a Little Buddy at an elementary school

For more information please contact **Elaine Barbour** at elaine.barbour@bigbrothersbigsisters.ca.

To apply please contact **Rose Baraty** at rose.baraty@bigbrothersbigsisters.ca.